



# RULES & REGULATIONS 2019

## MB Ultra (70km > 100km > 140km) – MARATHON SERIES

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### 1. DEFINITION

The 'MB Race', a cross-country mountain bike ultramarathon (70 / 100 / 140 Km), is taking place on Saturday 6th July 2019. Open to everybody (men, women, licensed or not), it is a solo race though natural terrain. The trails go through the 12 following communes: Combloux, Sallanches, Cordon, Saint Gervais, Megève, Demi Quartier, Praz sur Arly, Flumet, Notre Dame de Bellecombe, Saint Nicolas de Véroce, Les Saisies and La Giétaz.

The distances, 140 km for men and 70 km for women, are those set by the UCI (Union Cycliste Internationale) Marathon World Championships (Marathon Series), Class 3, and, as such, are subject to the current international and federal regulations.

This document is based on texts from the January 2016 regulations concerning the sport of mountainbiking. These texts are produced under the authority of the Fédération Française de Cyclisme (F.F.C.), overseen by the Union Cycliste Internationale (U.C.I.). Anything not covered in this document automatically comes under the rules detailed in these reference texts.

The race committee reserves the right to modify these rules at any time, to comply with regulations and ensure the safety and best interests of the participants.

### 2. ORGANIZATION

MB RACE is organized by the MB RACE association.

Contact details of organizer - racing committee:

Association MB RACE  
1051 Avenue de Genève  
74700 SALLANCHES  
+33(0)6 26 58 84 52 | bruno@mb-race.com

#### 2.1. DATES AND TIMES

The MB Race ultra-marathon (70 / 100 / 140 km) is taking place on Saturday 6th July 2019. The MB Race ultra-marathon will depart from Combloux, and will finish in Combloux for the 70km race, Megève for the 100km race, and Combloux for the 140km race.

The chosen distance in the MB Ultra for Elite men in the UCI is 140km. The race will depart from Combloux at 6:00am. The chosen distance in the MB Ultra for Elite women in the UCI is 70km. The race will depart from Combloux at 6:00am.

Competitors are to complete the registration formalities and receive a briefing on Friday 5th July 2019, from 2:00pm to 10:30pm, at the Lac du Biotopé tent in Combloux. Attendance at the 6:00pm briefing is compulsory.

An official course recognition period is programmed between 3:00pm and 5:00pm on Friday 5th July. However, participants are urged to respect private property. Outside the official dates of the "MB RACE", competitors are liable for any damages they may cause to private properties. If a participant spots a trail-marking error during the official recognition, he/she has a duty to report it to the organization.

NB: Please remember to bring your 2019 membership card or a medical certificate together with your ID, or we cannot issue you with your number and registration pack.

## 2.2. REGISTRATION PROCESS

The opening date for registration is Saturday, December 01, 2019 at 12 :00am

Online at [www.mb-race.com](http://www.mb-race.com)

The registration closes at 12:00pm on Thursday 4th July 2019. Registration fees are as follows:

- MB Race Ultra (70 / 100 /140 Km) From 01/12/18 to 14/06/19 – 70€
- MB Race Ultra (70 / 100 /140 Km) From 15/06/19 to 04/17/19 – 80€

The online registration fee covers all processing fees.

Race entry fees must be paid before 12:00pm on Thursday 4 July 2019. Competitors who have not paid their registration fees by then shall be considered out of the race.

Each competitor's registration covers :

- Race logistics and safety,
- Post-race meal (in Combloux - Lac du Biotopé),
- Welcome pack,
- Timing,
- Race refreshments,
- Free picture offer by MB Race

## 2.3. CANCELLATIONS AND REFUNDS

All entries are considered personal, confirmed and finalized. No refunds may be issued. Except in the following two cases:

Accident, severe illness or death of the person registered,

Severe illness requiring hospitalization, or death, of the registrant's spouse or registered partner, or of the registrant's first-degree relatives, during a period of thirty days preceding the event. The severity of the illness or accident must be verified by a competent authority and the corresponding medical certificate issued.

Refund claims must be sent (postmarked) to the organization, together with the relevant medical certificate, within 10 calendar days of the event. Refund claims shall be processed in the months following the event. Refunds of entry fees shall be paid as follows: Entry fee minus processing fees (10€).

Competition entry is strictly personal and can in no circumstances be transferred to another person. If a competitor gives their number bib to another person, the competitor will be held responsible for any accident or incident caused by that person during the race. The organization accepts no liability in case of accident in this type of situation.

If, on the day of the event, external causes force the interruption or cancellation of the event, no refunds shall be issued.

## 2.4. CASE OF FORCE MAJEURE

The association shall not be held responsible if the competition has to be modified, cut short or cancelled due to force majeure or causes beyond its control.

## 3. ELIGIBILITY

In order to take part in the event, competitors are required to:

- Pay entry fees,

- Respect regulations,
- Comply with equipment regulations (4.2)
- Present the required documents during registration formalities (article 4.1)
- Beat least 19 years of age(the "Espoir" category for the MB Ultra) The organization reserves the right to refuse entry to the competition.

#### 4. REQUIRED DOCUMENTS, COMPULSORY EQUIPMENT AND KIT

##### 4.1. REQUIRED DOCUMENTS

To collect their registration packs, all competitors are required to present the following documents:

- FFC 2019 license (with relevant medical certificate) or a medical certificate attesting ability to participate in mountain bike competitions (less than 1 year old) or a license from the UCI, FFCT, FSGT, FFTRI, or UFOLEP that refers to cycling and the relevant medical certificate
- Entry confirmation (digital or paper)
- ID

##### 4.2. COMPULSORY EQUIPMENT

A hard helmet must be worn with the chinstrap done up throughout the whole race.

In the interest of safety, each competitor in the MB Ultra race must carry the following for the entire duration of the race:

- Survival blanket,
- Mobile phone, with charged battery
- Frame number with emergency phone number
- Repair kit,
- Drinks
- Food supplies

Those competing in the 140 km race are advised to bring a light kit, along with gloves and sunglasses.

Equipment checks may be carried out at any time during the race, before the start or on arrival. Any person who does not possess all the required equipment shall be disqualified.

##### 4.3. KIT

Competitors bear sole responsibility for complying with the existing regulations and for the equipment under their use, as well as its maintenance. Bike changes are not permitted.

Handlebar numbers must clearly visible. This number and the bib represent advertising space exclusive to the organization's sponsors. They must be kept in their original condition and cannot be tampered with in any way.

#### 5. THE RACE

##### 5.1. CATEGORIES

Race categories are as follows:

CATEGORIES	AGE ON 31/12/2019	YEAR OF BIRTH
ESPOIRS (Men & Women)	19 to 22 years	1997 to 2000
SENIORS (Men & Women)	23 to 29 years	1990 to 1996
MASTER I (Men & Women)	30 to 39 years	1980 to 1989
MASTER II (Men & Women)	40 to 49 years	1970 to 1979
MASTER III (Men & Women)	50 years and over	1969 and before
TANDEMS	19 years and over	2000 and before
UCI ELITE MEN	19 years and over	2000 and before
UCI ELITE WOMEN	19 years and over	2000 and before

Categories are determined solely by year of birth.

#### 5.2. COURSE MODIFICATIONS

The race committee reserves the right to change the course at any time, for the safety of competitors and in their best interests.

#### 5.3. COMPLIANCE WITH TRAFFIC REGULATIONS

All riders must respect the highway code on the sections that are open to traffic. Failure to do so may lead to disqualification.

#### 5.4. ASSISTANCE

No external assistance is permitted on the MB Race course, other than at the specified zones (feed zones).

It is the rider's (or his team's) responsibility, in accordance with regulations (art 4.2.048, 'Règlement UCI du Sport Cycliste'), to drop their equipment off at the technical assistance zone. Only the rider or one of his team-mates (same MTB team, UCI or even national team) may carry out repairs or change kit inside this zone. Outside of these zones, riders are permitted to receive technical assistance from members of their own MTB UCI team or their own national team (art 4.2.049, 'Règlement UCI du Sport Cycliste').

The zones for technical assistance are the same as the feed zones. There are 3 of these zones set up along the course (art 4.2.035, 'Règlement UCI du Sport Cycliste').

#### 5.5. CUT-OFF TIMES

There are cut-off points distributed along the course. All competitors passing these points after the cut-off times must quit the race. Competitors shall be informed about the times and location of the cut-off points when they collect their bibs. This information can also be accessed online at [www.mb-race.com](http://www.mb-race.com). Cut-off times may be modified at any moment, including during the race, in accordance with weather conditions.

#### 5.6. COURSE

Failure to stick to the course in its entirety, taking shortcuts or using any other unfair means to gain an advantage over other competitors will result in disqualification.

Checkpoints are distributed all along the course. Any competitor who fails to pass through all of these checkpoints will be disqualified. Some or all of the checkpoint passages will be supervised by the commission panel.

#### 5.7. WITHDRAWAL

For safety reasons, any rider who withdraws from the race is required either to go to the nearest checkpoint (marshals or commissioners) to announce their withdrawal, or phone the "abandon" number written on the frame number (handed out at registration). All withdrawals are final.

#### 5.8. SAFETY

In the event of an accident, riders are obliged to bring assistance to victims until the rescue services arrive.

### 6. RANKING AND AWARDS CEREMONY

The winners of each category are those who finish the course in the fastest times. Each race format is ranked separately:

- MB Ultra 70 Km
- MB Ultra 100Km
- MB Ultra 140Km

The 3 fastest in each category will receive prizes if, and only if, there are more than 10 competitors in that category. In each of the Elite UCI Men & Women's categories, the top 5 competitors will receive prizes.

The table below shows the points and prizes for the Elite UCI men & women's MB ultra 70km and 140km:

PRIZE MONEY UCI MTB XCM 3						
MB ultra	1st	2nd	3rd	4th	5th	Total
70 km FEMME	500 €	300 €	150 €	80 €	50 €	1080 €
140 km HOMME	500 €	300 €	150 €	80 €	50 €	1080 €

POINT UCI MARATHON SERIES MTB XCM 3																				
MB ultra	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	20th	25th	30th	35th	40th
70 km FEMME	100	85	70	60	50	45	40	36	34	32	30	29	28	27	26	21	16	11	6	1
140 km HOMME	100	85	70	60	50	45	40	36	34	32	30	29	28	27	26	21	16	11	6	1

#### 7. INSURANCE

The organization provides civil liability insurance for competitors, carried by the FFC, covering liability during competitions or sporting events organised under the patronage of the FFC. Those licensed with the FFC are covered by their FFC licences (Third Party and Personal Accident). For those who do not hold a FFC licence, the organisation provides personal accident insurance. However, participants are strongly advised to take out personal accident insurance or check that their insurance policy covers it.

#### 8. RESPECT FOR THE ENVIRONMENT

With consideration for the beauty of the host region and location, we kindly ask all participants to respect the environment (don't throw rubbish, don't leave the marked trails, etc). There are bins distributed along the course. There may be herds of animals along the way, and riders must avoid causing them panic. **Failure to respect these rules may result in a penalty or disqualification.**

#### 9. CLAIMS

Any complaints about the unfolding of the race itself or the behaviour of other competitors must be directed to the race director or the UCI and FFC referees within thirty minutes of the moment the last competitor finishes the race.

Complaints about the ranking must be filed within thirty minutes of the moment the final times are posted.

#### 10. SANCTIONS

Any infringements of the rules and regulations detailed here, attempts to cheat, lack of respect towards people in the organization, failure to pass through a checkpoint shall be punished by the organization committee (penalties, disqualification).

#### 11. IMAGE RIGHTS

By participating in the MB RACE 2019, competitors expressly authorise MB Race (or its beneficiaries) to use or cause to be used or reproduced their name, image, voice and sporting performance as part of the MB Race for all direct or indirect exploitation or anything derived from the race, using any medium, across the whole world, by all means known or unknown at this time, and for the whole duration of protection currently accorded to these direct exploitations or derived from legislative or regulatory provisions, judicial and/or arbitral decisions from any country as well as by current or future international conventions, including potential extensions that could be added to this duration.

#### 12. DATA PROTECTION

This transaction is, if need be, subject to provisions of the 'Loi Informatique et Liberté no78-17' of 6 January 1978, which includes, for the benefit of participants, the right to access or cancel any information regarding them in any files used by the organising company, by sending an email, fax or letter.

#### 13. ACCEPTANCE OF RULES

Participation in the competition implies full and unequivocal acceptance of all the rules and regulations stated here.

The rules and regulations can be accessed online at [www.mb-race.com](http://www.mb-race.com) and are also on display on the day of the competition at the event village.